

New Trans Textbook Could Harm Millions of Kids, Critics Say

Textbook for psychiatrists will push practitioners into the 'gender-affirming care' model, experts warn

By Darlene McCormick Sanchez

A new "cutting-edge" textbook on transgenderism written with the help of activists will be used to train psychiatrists and could harm millions of children in the future, some experts have warned.

"Gender-Affirming Psychiatric Care," just released on Amazon at \$58, is a textbook printed by American Psychiatric Association (APA) Publishing.

The textbook signals early on that it's more subjective than objective, quoting a feminist studies professor saying, "Scientific neutrality is a fallacy."

The content has prompted some critics to question the textbook's reliance on a mix of transgender-identifying professionals writing about their experiences, limited scientific studies, and neo-Marxist critical theories.

"This is a huge issue; millions more kids will be harmed," said Dr. Lauren Schwartz, a psychiatrist in Oklahoma speaking out against the rush to "transition" children.

The textbook's introduction says the book is based on an "evidence-informed approach" instead of an evidence-based approach, which is more scientific, she told The Epoch Times.

The 26 chapters are written by 56 authors, 50 of whom are in the transgender community, according to the textbook's foreword.

Chapters include affirming "two-spirit people," a term used to refer to someone who believes he or she is both sexes, and one about "double queer" people—or people who identify as transgender and have a mental disability.

The book's editors are listed as an associate professor of psychiatry at Harvard Medical School and investigator at the National LGBT Health Education Center; and a transgender-identifying psychiatry resident at the University of Pennsylvania, whose work is influenced by her background as a "non-binary/trans, queer, neurodivergent, chronically ill, Jewish person."

Dr. Schwartz noted that the authors were chosen by "prioritizing lived experience, diversity of perspectives, and community impact of prior work over academic titles."

'Disturbing Gibberish'

The problem is the textbook will be perceived as authoritative because it was printed by the APA's publishing arm, she said.

"Anyone wanting to practice gender affirming care, any attorney wanting to defend it, and any legislator who wants to protect it, now they have a new peer reviewed textbook, not just 'evidence' in a journal or a study," she said.

Alan Hopewell, a prescribing neuropsychologist in Texas who saw transgender identifying patients decades ago, called the textbook "disturbing." "This is nonsensical gibberish which has no foundation whatsoever in science," he told The Epoch Times. Hospitals could demand doctors go by the textbook because the APA put it out, or it could even be used to remove the license of doctors who don't go along with it, he said. "This reminds me of brain-damaged hippies free-associating at a commune," Mr. Hopewell said.

The book foreword says that most of the contributing authors recognize they are "obscenely privileged" as English-speaking doctors with access to elite schools.

It asserts that the psychiatric field was built on "the work [and assumptions] of European, white, cisgender men, including their colonial, Anglo-centric, cis-

heteropatriarchal worldview and pathologization of experiences that did not fit their own 'norm.'” “*For millennia, outside of European colonial influences, gender diversity has flourished to varying degrees among hundreds of indigenous communities around the world,*” the foreword reads.

The idea that Western countries were colonizing land stolen from indigenous people is part of critical race theory (CRT), which critics say is rooted in neo-Marxism.

Straight White Bias

CRT and gender theories see white people and heterosexuals in Western civilization as “oppressors” of minority identity groups, who are viewed as victims. Activists are encouraged to dismantle oppressive societies in order to right discrimination of the past, according to ideology architects such as Ibram X. Kendi, who wrote “How to Be an Antiracist.”

Proponents of CRT and gender theories contend that discrimination against identity groups such as white people and heterosexuals is needed to right the wrongs against racial and sexual minorities.

“The entire document is predicated on an uncritical acceptance of queer theory, which is more accurately queer Marxism,” conservative author James Lindsay told The Epoch Times.

Queer theory is a gender ideology advocating the destruction of traditional sexual norms; some queer theorists support sexual acts such as pedophilia and bestiality that aren’t accepted by society.

The textbook describes heterosexuals as cisgender people who are part of a “cultural and systemic marginalization” of LGBT people who don’t align with societal norms.

To prove the point, the authors object to the idea that only women can have babies.

“For example, naming an obstetrics and gynecology practice a women’s health center is cis-normative because it assumes the practice will only serve patients with one gender,” the foreword reads.

Mr. Lindsay, author of “The Marxification of Education,” said the idea of “treating” gender dysphoria with hormones or surgery is akin to performing lobotomies on the mentally ill decades ago.

History teaches that communist theories applied to the real world have deadly results, he said.

Mr. Lindsay pointed to the forced application of Trofim Lysenko’s Soviet agriculture program based on pseudo-science as an example of a communist idea gone bad.