

1 in 5 Americans Suffer From Substance Abuse

Millions of Americans are suffering from substance use disorders and mental health issues related to alcoholism and drug usage, according to a recent survey by the U.S. Department of Health and Human Services (HHS).

“In 2022, 48.7 million people aged 12 or older (or 17.3 percent) had a substance use disorder (SUD) in the past year,” said the 2022 National Survey on Drug Use and Health (NSDUH) report, published on Nov. 13. That includes 29.5 million people with an alcohol use disorder; 27.2 million with a drug use disorder; and 8 million individuals with both. Individuals undergoing SUD use substances such as alcohol or drugs uncontrollably, despite harmful consequences.

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